



Phoenix Day School for the Deaf
7654 N. 19th Avenue Phx, Az .85021

Additional Breakfast items served daily:
Cold Cereal some days, Juice or Fruit, choice of Milk
LUNCH SERVED DAILY:
Salad Bar Items
Choice of Milks & Lactose Free
Fat Free Chocolate Milk -Tuesdays & Thursdays

Food Service Manager: Pat Franco
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LUNCH - CAFETERIA MENU



OCTOBER 2020

“This institution is an equal opportunity provider.”

Mon	Tue	Wed	Thu	Fri
NO SCHOOL			1 PANCAKE Wrap / syrup Pepperoni Pizza Hot Pocket Ind. Tossed Salad w/Ranch Pineapple chunks Chocolate Milk	2 YOGURT & Blueberry Crisps Hamburger/ww Bun with Lettuce/Tomato slice/ Pickle slice Bk. French Fries/condiments Baked Beans Fruit Cocktail/Pudding cup Milk
5 NO SCHOOL STAFF OFF = B	6 Bkfst Tornado WRAP Cheese Quesadilla Salsa Spanish Rice Pineapple chunks Chocolate Milk	7 Mini Strawberry Pancakes Syrup Grilled Chicken Sandwich/wwBun Bk Sweet Potato Fries/Ketchup Pasta Salad Pears Milk	8 Breakfast PIZZA Fr. Bread Cheese Pizza Ind. Tossed Salad w/Ranch Fruit Cocktail Chocolate Milk	9 Stuffed Bagel w/Cr.Cheese Bean & Cheese BURRITO Bk. Tater Tots/Ketchup Peaches Scooby Grahams Milk
12 NO SCHOOL	13 Cinnamon FRENCH Toast Syrup Mini Corn Dogs Bk. Curly Fries/condiments Mixed vegetables Cinnamon Applesauce Chocolate Milk	14 Breakfast TACO Salsa Pepperoni Pizza Ind. round Ind. Tossed Salad w/Ranch Fruit & Veggies Fruit Cocktail in Jell-o cup Milk	15 Pancake Bkfst Sandwich Nacho Chips with Beef & Cheese & Pinto Bean Dip Cup Salsa Pineapple chunks Chocolate Milk	16 Breakfast BURRITO Cheeseburger/ww Bun with Lettuce/Tomato slice/ Pickle slice Bk Sweet Potato Fries/condiments Bk. Beans/ Pears Ice Cream cup / Milk
19 NO SCHOOL STAFF OFF = B	20 Blueberry WAFFLE / syrup Soft Taco W/Chicken in red sauce Pinto beans with green chile Spanish Rice Pineapple Chunks	21 Flat Bread Bkfst Sandwich Lasagna Cheese Roll Ind. Tossed Salad w/Ranch ww Garlic Breadstick Peaches Teddy grahams/ Milk	22 YOGURT Cup & Grahams Ham & Cheese Sandwich Carrot & Zucchini Sticks w/Ranch Chips Pears Chocolate Milk	23 Mini Banana Pancakes syrup Meatloaf w/ketchup glaze Waffle Fries/ Ketchup Corn Cobbett/Fruit cocktail Dinner Roll/Marg. Brownie / Milk
26 NO SCHOOL	27 Egg McSausage Muffin Chicken Nuggets / Corn Tater Smiles/condiments Pears Cookie Chocolate Milk	28 Hormel Breakfast BAR Sunbutter & Jelly Sandwich Carrot & Zucchini sticks/Ranch Chips Peaches Milk	29 PANCAKE Wrap / syrup Pepperoni Pizza Hot Pocket Ind. Tossed Salad w/Ranch Pineapple chunks Chocolate Milk	30 YOGURT & Crisps Hamburger/ww Bun with Lettuce/Tomato slice/ Pickle slice Bk. French Fries/condiments Baked Beans Fruit Cocktail/Pudding cup Milk