



SEPTEMBER 2021

ASDB/PDSD SCHOOL BREAKFAST

MONDAY

30 Freshly Baked Cinnamon Roll 2 G

½ c Fruit choice
½ c Juice Choice
1 c Milk

6 Biscuits & Gravy .75MMA/2G

½ c Fruit choice
½ c Juice Choice
1 c Milk

13 WG Donut 1 ea

½ c Fruit choice
½ c Juice Choice
1 c Milk

20 Assorted Cereal Breakfast Bar 1 ea

½ c Fruit choice
½ c Juice Choice
1 c Milk

27 Freshly Baked Cinnamon Roll 2 G

½ c Fruit choice
½ c Juice Choice
1 c Milk

TUESDAY

31 Breakfast Pizza 1MMA/1.5G

½ c Fruit choice
½ c Juice Choice
1 c Milk

7 Pancakes with Syrup 2G

½ c Fruit choice
½ c Juice Choice
1 c Milk

14 Scrambled Eggs 2MMA

1 c Peaches
1 c Lactose free Milk

21 Banana Yogurt Split 1 ea

½ c Fruit choice
½ c Juice Choice
1 c Milk

28 Breakfast Pizza 1MMA/1.5G

½ c Fruit choice
½ c Juice Choice
1 c Milk

WEDNESDAY

1 Strawberry or Banana Pancake 2G

½ c Fruit choice
½ c Juice Choice
1 c Milk

8 French Toast Sticks with Syrup 1.5G

½ c Fruit choice
½ c Juice Choice
1 c Milk

15 Pancake Sausage on a Stick 2MMA/1G

½ c Fruit choice
½ c Juice Choice
1 c Milk

22 Breakfast Burrito

½ c Fruit choice
½ c Juice Choice
1 c Milk

29 Assorted Pancakes 2G

½ c Fruit choice
½ c Juice Choice
1 c Milk

THURSDAY

2 Breakfast Bento Box 1 ea

½ c Fruit choice
½ c Juice Choice
1 c Milk

9 Breakfast Bento Box 1 ea

½ c Fruit choice
½ c Juice Choice
1 c Milk

16 Breakfast Bento Box 1 ea

½ c Fruit choice
½ c Juice Choice
1 c Milk

23 Breakfast Bento Box 1 ea

½ c Fruit choice
½ c Juice Choice
1 c Milk

30 Breakfast Bento Box 1 ea

½ c Fruit choice
½ c Juice Choice
1 c Milk

FRIDAY

3 Breakfast Egg Sausage Sandwich

½ c Fruit choice
½ c Juice Choice
1 c Milk

10 Breakfast Egg Bake

½ c Fruit choice
½ c Juice Choice
1 c Milk

17 French Toast Sticks with Syrup 1.5G

½ c Fruit choice
½ c Juice Choice
1 c Milk

24 Assorted WG Muffin 1 ea. String Cheese 1 ea.

½ c Fruit choice
½ c Juice Choice
1 c Milk

Served Daily
Assorted Cereal
Assorted
Breakfast Bar

Assorted Fruit Bar

1% White Milk
Skim Chocolate
Milk