



## MONDAY



## TUESDAY

**OFFERED DAILY:**

Nutrition Bar with a Variety of fruits and vegetables

Assorted milks

## WEDNESDAY



**VIETNAM**

## THURSDAY



**Spinach**

## FRIDAY

2

**Chicken Teriyaki**

1 serving  
Fried Rice ½ c  
Corn ¼ c

**ALT:**

**Hamburger 1ea**

3

**Turkey Ranch Wrap**

1ea  
Garden Salad 1 c  
Cucumber Slices ¼ c

**ALT:**

**Fish Sticks 4ea**

4

**Chicken Alfredo**

1 serving  
Diced Carrots ¾ c  
Broccoli ¼ c

**ALT:**

**ALT: Popcorn Chicken 1 serving**

5

**Arroz con Pollo**

1 serving  
Herb Roasted Tomatoes ¼ c  
Black Bean ½ c

**ALT: Pork Taco 1 serving**

6

**Hot Ham and Cheese Sandwich 1ea**

Coleslaw ¼ c  
Tater Tots ½ c

**ALT: Assorted Pizza 1 slice**

9

**BBQ Chicken Sandwich 1ea**

Baked Beans ½ c  
Coleslaw ¼ c

**ALT: Ham Sandwich 1ea**

10

**Shepards Pie 1serving**

Garden Salad 1 c  
Mixed Vegetables ¼ c

**ALT: Hot Dog 1ea**

11

**Spaghetti with Meat Sauce 1 serving**

Green Beans ¼ c  
Italian Vegetables ½ c

**ALT: Cheeseburger 1ea**

12

**BBQ Pulled Pork Sandwich 1ea**

Corn ½ c  
Cucumber Slices ¼ c

**ALT: Cheese Quesadilla 1ea**

13

**Chicken Enchiladas 1 serving**

Pinto Bean ½ c  
Spanish Rice ½ c

**ALT: Assorted Pizza 1 slice**

16

**CHEF'S CHOICE**

17

**CHEF'S CHOICE**

**LAST DAY!!**

