



Phoenix Day School for the Deaf
7654 N. 19th Avenue Phx, Az .85021

Additional Breakfast items served daily:
Cold Cereal, Juice or Fruit, choice of Milk
LUNCH SERVED DAILY:
Salad Bar & Entrée choice = # 1 or 2
Choice of Milk & FF Chocolate every other day

Food Service Manager: Pat Franco
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LUNCH - CAFETERIA MENU

December 2018

“This institution is an equal opportunity provider.”

Mon	Tue	Wed	Thu	Fri
3 Bkfst Tornado WRAP SALAD BAR 1. P.B & Jelly Sandwich Ind. Wrapped 2. Chicken Tenders & Waffles/syrup Green Beans Fruit Cocktail Milk	4 PANCAKE Sandwich SALAD BAR 1. P.B & Jelly Sandwich Ind. Wrapped 2. Bean & Cheese Burrito Salsa/ Sr. Cream Spanish Rice/Corn/Cookie Peaches / Chocolate Milk	5 Protein Box= Egg & Trail Mix SALAD BAR 1. Pepperoni Hot Pocket OR 2. Cheese Pizza Mixed Vegetables Pineapple Chunks/ Milk	6 FRUIT SMOOTHIE SALAD BAR 1. P.B & Jelly Sandwich Ind. Wrapped 2. Chicken Cordon Bleu on bed of Rice Steamed Broccoli / Pears Chocolate Milk	7 Scrambled EGGS, tortilla SALAD BAR salsa 1. P.B & Jelly Sandwich Ind. Wrapped 2. Cheeseburger /ww Bun Bk Sweet Potato Fries Baked Beans /Fresh Grapes Ice Cream Sandwich/ Milk
10 Asst. BREADS: banana, etc. SALAD BAR 1. Ham & Cheese Sandwich 2. BBQ Pulled Pork Sandwich Tater Tots Mixed Vegetables Cinn. Applesauce/Teddy Grahams Milk	11 Scram EGGS, Sausage Link SALAD BAR 1. Homemade Sausage Pizza OR 2. Cheese Pizza California Vegetables Peaches Chocolate Milk	12 Waffle Yogurt Trifle SALAD BAR 1. Ham & Cheese Sandwich 2. Chicken Fajita/Tortilla Sr. Lettuce/Tomato/Sr. Cheese Spanish Rice Fruit Cocktail/ Milk	13 Breakfast BURRITO SALAD BAR 1. Ham & Cheese Sandwich 2. Grilled Cheese & Tomato Soup Carrot & Zucchini Sticks w/Ranch Pears OR Hummus Chocolate Milk	14 French Toast/ syrup SALAD BAR 1. Ham & Cheese Sandwich 2. Fish Tacos w/Cabo sauce Spanish Rice/ Refried Beans Chips & Salsa/ Pineapple Brownie/ Milk
17 Asst. WAFFLES/syrup SALAD BAR 1. Asst. Luncheon Meat Wrap 2. Mashed Potato Bowl w/ Chicken Nuggets / Corn Country Gravy /ww Roll Applesauce/ Milk	18 EGG, Biscuit & Gravy SALAD BAR 1. Pepperoni Pizza OR 2. Cheese Pizza Mixed Vegetables Peaches/ Cookie/ Chocolate Milk	19 Fruit & YOGURT Parfait SALAD BAR 1. Asst. Luncheon Meat Wrap 2. Meat Loaf & Gravy Mashed Potato/Capri Veggies Fruit cocktail/ Dinner roll Milk	20 BUN, Carrot Cake SALAD BAR 1. Asst. Luncheon Meat Wrap 2. Taco—beef & cheese Sr. lettuce /Tomatoes/ Salsa Sr. Cream/Spanish Rice Pineapple Chunks/ Chocolate Milk	21 Scrambled EGGS, tortilla SALAD BAR salsa 1. Asst. Luncheon Meat Wrap 2. Rib-A-Que Sandwich/ wwBun Tater Tots/ Pears Pudding Cup Milk
	25 No School Merry Christmas !	26 No School Holiday Break!	27 No School Holiday Break!	28 
31 No School Holiday Break New Years Eve !		02 No School Holiday Break!	03 LUNCH OVS REIMBURSABLE MEAL MUST TAKE MINIMUM OF 3 COMPONENTS I must be a fruit or a Vegetable	04