



September 14-20, 2015
Cycle 1

Food portions at breakfast and lunch will be served as required by the Healthy Hunger-Free Kids Act of 2010.
For more information, please visit the FNS website:
<http://www.fns.usda.gov/cnd/governance/legislation/nutritionstandards.htm>



****Please note: Items are subject to change based on availability without prior notice****

Mon 14	Tue 15	Wed 16	Thu 17	Fri 18	Sat 19	Sun 20
WG apple jacks or WW bagel Pineapple Orange juice Milk Hard cooked egg <small>(cream cheese)</small>	WW toast or WW Keller breakfast sandwich Banana Apple juice Milk	WW toast or MG frosted flakes Peaches Orangerine juice Sausage link Milk	WG cinnamon raisin bagel or raisin bran Pears Berry juice GF raspach yogurt Milk <small>(cream cheese)</small>	WW toast or WG biscuit Mandarin orange sections Fruit punch Sausage gravy Milk		
Baked chicken or breaded chicken Baked beans Cheese macaroni Peaches Milk	Spaghetti w/meatballs or Chicken alfredo sauce Green beans Seasonal fruit Milk	Chicken nuggets or Fish nuggets SS fries Tropical fruit cocktail Elf graham cookie Milk	Pepperoni WG pizza or Veggie WG pizza Glazed carrot coins Seasonal fruit Milk	BBQ chicken drumstick or WG mini chicken corndog Broccoli w/ cheese Dinner roll Mixed fruit Milk	Green chili cheese enchilada Spanish rice Corn Peaches Milk <small>(lettuce/salsa)</small>	Tuna salad on wheat or Chicken salad on wheat Coleslaw Chips Milk
Soft or crispy taco Seasoned pinto beans Mexicali corn Milk <small>(lettuce/cheese/salsa)</small>	Chicken wings or Beef fingers Oven fried potatoes Celery and carrot sticks Rainbow sherbet Milk	<i>Breakfast for dinner</i> Breakfast burrito (e/c/s) Chocolate chip pancakes Frozen berries fruit cup Milk <small>(salsa & syrup)</small>	Teriyaki beef or Orange chicken Fried rice Emperor's blend vegetables Fortune cookie Milk <small>(soy sauce)</small>	Baked beef pasta Italian blend vegetables Garlic breadstick Strawberry ice cream Milk	Hotdog on bun or Veggieburger on bun Baked beans Potato salad Pineapple Milk <small>(relish/chopped onions)</small>	Mini chimichanga Seasoned pinto beans Calabasitas Fruit roll-up Milk <small>(lettuce/cheese/salsa)</small>



- ◇ 1% and fat-free milk offered at every meal
- ◇ fat-free chocolate milk will be offered at lunch and supper every Tuesday and Thursday
- ◇ fat-free strawberry milk may be offered occasionally

Criteria for a meal to be reimbursable:

- ⇒ **Must have 3 components (one component must be fruit or vegetable) at breakfast**
- ⇒ **Must take the fruit or vegetable component and 2 other components from 5 different components (food groupings) at lunch**

Breakfast: 6:45-7:45am Monday-Friday
Lunch: 11:30am-1:10pm Monday-Thursday Supper: 4:30-6:00pm Monday-Thursday
 11:30am-1:00pm Friday 4:30-5:30pm Friday
Saturday & Sunday Lunch: 12:15-1:15pm Saturday & Sunday Supper: 4:45-5:45pm

If you have questions about this menu, please call the Food Service Department at 520.770.3696 or send an email to jeanne.foster@asdb.az.gov

The US Department of Agriculture prohibits discrimination in the operation of the Child Nutrition Programs on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call toll free 866.632.9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at 800.877.8339 or 800.845.6136 (Spanish).