

Arizona State Schools for the Deaf and the Blind  
1200 W Speedway Blvd—Tucson, AZ

**LUNCH - CAFETERIA MENU**

Additional Breakfast items served daily:  
Cold Cereal, Juice or Fruit, choice of Milk  
**LUNCH SERVED DAILY:**  
Salad Bar & Entrée choice = # 1 or 2  
Choice of Milk & FF Chocolate every other day

Food Service Manager: Pat Franco  
Phone: 602-771-4329  
Cell: 480-459-0236  
Fax: 602-771-5364  
Email: patricia.franco@asdb.az.gov



# December 2018

*“This institution is an equal opportunity provider.”*

Mon	Tue	Wed	Thu	Fri
<b>3</b> Asst. WAFFLES/syrup SALAD BAR 1. P.B & Jelly Sandwich ind. Wrapped 2. Chicken Tenders & Waffles/syrup Green Beans Fruit Cocktail Milk	<b>4</b> W.W. PANCAKES/syrup SALAD BAR 1. P.B & Jelly Sandwich ind. Wrapped 2. Bean & Cheese Burrito Salsa/ Sr. Cream Spanish Rice/Corn/Cookie Peaches / Chocolate Milk	<b>5</b> Protein Box= Egg & Trail Mix SALAD BAR 1. Pepperoni Hot Pocket OR 2. Cheese Pizza Mixed Vegetables Pineapple Chunks/ Milk	<b>6</b> FRUIT SMOOTHIE SALAD BAR 1. P.B & Jelly Sandwich ind. wrapped 2. Chicken Cordon Bleu on bed of Rice Steamed Broccoli / Pears Chocolate Milk	<b>7</b> Scrambled EGGS, tortilla salsa SALAD BAR 1. P.B & Jelly Sandwich ind. wrapped 2. Cheeseburger /ww Bun Bk Sweet Potato Fries Baked Beans /Fresh Grapes Ice Cream Sandwich/ Milk
<b>10</b> Asst. BREADS: banana, etc. SALAD BAR 1. Ham & Cheese Sandwich 2. BBQ Pulled Pork Sandwich Tater Tots Mixed Vegetables / Milk Cinn. Applesauce/Teddy Grahams	<b>11</b> Scram EGGS, Sausage Link SALAD BAR 1. Homemade Sausage Pizza OR 2. Cheese Pizza California Vegetables Peaches/ Chocolate Milk	<b>12</b> Waffle Yogurt Trifle SALAD BAR 1. Ham & Cheese Sandwich 2. Chicken Fajita/Tortilla Sr. Lettuce/Tomato/Sr. Cheese Spanish Rice Fruit Cocktail/ Milk	<b>13</b> Egg BISCUIT Sandwich SALAD BAR 1. Ham & Cheese Sandwich 2. Grilled Cheese & Tomato Soup Carrot & Zucchini Sticks w/Ranch Pears OR Hummus Chocolate Milk	<b>14</b> French Toast/ syrup SALAD BAR 1. Ham & Cheese Sandwich 2. Fish Tacos w/Cabo sauce Spanish Rice/ Refried Beans Chips & Salsa/ Pineapple Brownie/ Milk
<b>17</b> Asst. WAFFLES/syrup SALAD BAR 1. Asst. Luncheon Meat Wrap 2. Mashed Potato Bowl w/ Chicken Nuggets / Corn Country Gravy /ww Roll Applesauce Milk	<b>18</b> BAGEL/ Cr. Cheese SALAD BAR 1. Pepperoni Pizza OR 2. Cheese Pizza Mixed Vegetables Peaches/ Cookie Chocolate Milk	<b>19</b> Fruit & YOGURT Parfait SALAD BAR 1. Asst. Luncheon Meat Wrap *2. Meat Loaf & Gravy Mashed Potato/Capri Veggies Fruit cocktail/ Dinner roll Milk	<b>20</b> BUN, Carrot Cake SALAD BAR 1. Asst. Luncheon Meat Wrap 2. Taco-beef & cheese Sr. lettuce /Tomatoes/ Salsa Sr. Cream/ Spanish Rice Pineapple Chunks Chocolate Milk	<b>21</b> Scrambled EGGS, tortilla salsa Sandwich Craisins Fruit Chips Scooby Graham Snack Milk <b>LAST DAY OF SCHOOL HOMEGOING</b>
<b>31</b> No School Holiday Break New Years Eve !	<b>25</b> No School Merry Christmas !	<b>26</b> No School Holiday Break!	<b>27</b> No School Holiday Break!	<b>28</b>
<b>02</b> No School Holiday Break New Years Eve !	<b>03</b> LUNCH OVS REIMBURSABLE MEAL MUST TAKE MINIMUM OF 3 COMPONENTS I must be a fruit or a Vegetable	<b>04</b>		

